

The Fountain 2025



**THE LIVINGSPRINGS
SCHOOLS**

**YEARBOOK
2024/2025**



THE LIVINGSPRINGS HIGH SCHOOL

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OUR VALUE PROPOSITION:

- ICT-driven teaching and learning environment
- Electronic library and learning resources
- Purpose-built school with specialised rooms and facilities
- Integrated curriculum (British, American and Nigerian contents)
- Godly value-driven environment for learners' development
- Self-reliance and entrepreneurial skill-acquisition training
- Mentorship and leadership training programme
- Co-curricula training in music, arts and sports

Our Vision:

To be best in class by global academic standards and produce leaders of influence destined to change their world.

Our Mission

To provide rounded Christian education through internationally recognised curricula, designed to enable learners excel and develop their God-given talents in a stimulating learning environment.

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• Divinely inspired • Visionary • Futuristic

...destined to change our world



To be best in class
by global academic standards
and produce leaders of influence
destined to change their world.



To provide rounded Christian
education through internationally
recognised curricula, designed to enable
learners excel and develop their God-given
talents in a stimulating learning
environment.

SCHOOL SONG

Walking in God's light alone
We are set to make our mark in history
With a touch of excellence
Shining for all to see
We'll be the best
Lead the way
Destined to change our world
In diligence and fear of God
Setting global standards
O' God bless The Livingsprings Schools

DAILY DECLARATION

Almighty God (2ce)
Our generation shall praise Your Name.
Our generation shall praise Your Name.
Our generation shall praise Your Name.
Our generation shall praise Your Name.



CONTENTS



HIGH SCHOOL CHEMISTRY EXCURSION



SAFARI OF KNOWLEDGE



CHRISTMAS CONCERT



YOUNG FARMERS' INITIATIVE



PAU EXCURSION



Mrs Abosede Obayomi

Executive Director, The Livingsprings Schools.



From The Executive Director

Dear Parents, Pupils, and Esteemed Well-Wishers,

Calvary greetings in the matchless name of our Lord and Saviour Jesus Christ.

As we come to the close of another fulfilling academic year, it is with great joy and thanksgiving that I welcome you to this special edition of our Yearbook, The Fountain. This book captures more than just photographs and activities — it reflects growth, transformation, and the undeniable evidence of God's faithfulness in our Christian school community.

This year has been marked by academic progress, spiritual growth, and countless opportunities for our pupils to shine in their God-given uniqueness. We remain committed to nurturing not only the minds but the hearts and destinies of every child, equipping them to be lights in this world (Matthew 5:14-16).

To our pupils, you have worked hard, learned much, and grown in many ways. We celebrate each of you. To our graduating classes, we send you forth with prayers, love, and these words from Scripture: "The Lord Himself goes before you and will be with you; He will never leave you nor forsake you. Do not be afraid; do not be discouraged." — Deuteronomy 31:8 "Commit your works to the Lord, and your plans will be established." — Proverbs 16:3 "Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity." — 1 Timothy 4:12

May these verses anchor you as you step into new levels of learning and life. Go forward in the confidence that God is with you, and that your identity in Christ is your greatest strength.

To our parents and guardians, we thank you for your trust and unwavering support. Your partnership is vital to our mission of raising godly children who will impact their generation for Christ.

To our well-wishers and friends, we remain grateful for your encouragement, prayers, and goodwill. May the Lord bless and reward you richly.

As you go through the pages of the Fountain, may your heart be filled with gratitude for what God has done, and with hope for what He is yet to do. We are confident that "He who began a good work will bring it to completion" (Philippians 1:6). I also appreciate our Chaplain, Management, staff and all our stakeholders.

Thank you for being part of this journey. We look forward to a new academic year with faith, vision, and joyful expectation.

God bless.

Abosede Obayomi
Executive Director
The Livingsprings Schools.



From The Director of Academics & Operations



Our Unique Trajectory in a Rapidly Changing World

The Livingsprings Schools (TLS) was opened in September 2008 and I had the rare privilege of being one of the pioneer Management members, as well as a parent because my daughter, Oluwatomi who is currently at the university was one of our pioneer students. She was our candidate 002 after Ayomikun Obayomi, our candidate 001, who recently graduated in flying colours with a Bachelor of Science degree from Purdue University in the United States of America. Also, it is newsworthy that, despite his busy academic and professional schedules, Ayomikun now creates time to serve God as a young gospel minister in his church in the US. TLS was envisioned from inception to produce scholars who

would be academically sound, God-fearing change-agents and globally relevant. In other words, we strive to produce students who would mirror the inextricably combination of academic competence and godly virtues. This is the unique trajectory that attracted me at the beginning and has remained my personal motivating drive to date.

TLS is a Christian School and our vision is **"to be best in class by global academic standards and produce leaders of influence, destined to change their world"**. This forms the framework through which we continue to engage our staff, train our students as well as collaborate with parents and other stakeholders. We have continued to be guided by this vision, and within our fundamental and academic freedom, we have expressed it in various practical ways, even at the risk of being misunderstood by some individuals. Our mandate is to run a globally relevant School that is irrevocably committed to confronting ignorance with sound academic knowledge; frivolities with facts; lies with the truth and societal decadence with the integration of Scriptures-based, and time-tested moral guidance. Thus, we are contributing to making our immediate and global societies better by labouring to empower our learners to be positive change-agents. I argue that beyond mere religion, our objectives in the educational landscape are noble, historically-tested, life-transforming and we are fully committed to them. Howbeit, these cannot be achieved by indifference or laissez faire attitude, wishy-washy approach or short-term manipulative tactics to training and academic successes as it is done in many circles. Also, we cannot achieve this in isolation; we need parents to believe in and support us as mutual partners-in-progress.

We all live in a global society that is changing more rapidly as a result of advancement in technology. The advent of Artificial Intelligence (AI) and other technological innovations have saturated various sections of our world with new applications that are designed to shape human thoughts and reinforce specific behavioural patterns. Irrespective of ages and contexts, technological tools have become indispensable parts of the human lives in varying degrees. Consequently, all categories of people are daily confronted with both the positive and negative outcomes of technological advancement. The youth, especially students, are easily attracted and distracted by the social media and digital gadgets. Moreover, as a forward-looking educational institution and service providers, these have become part of our realities too, but we are not shirking our training responsibilities in this regard. We continue to invest in and operate with digital devices, but remain intentional and refuse to be controlled by these gadgets. Thus, we train and encourage our students to be digitally competent,

contd.



but we set boundaries through our digital policies and practices. However, we ask for increased understanding and cooperation from parents and other stakeholders.

Suffice to add that global and national statistics reveal that the rates of drug addiction, internet frauds, gambling, examination malpractices, sexual vices and other anti-social behaviours are increasing daily among young people. Ditto for addiction to digital devices and social media. In other words, social media and digital tools are subtly becoming the new giants and "Goliath" that need to be conquered by many promising young ones. Because these currently distract the majority, successfully steal their time and, I dare say, attention to their studies and moral training. Reinforcement of negative "vibes" and disheartening patterns of behavior on social media now dictate the moods and behaviour of many students; but some parents prefer to blame schools, educators and others for these noticeable lapses. This is a call for more collaborations (not contradictions or competitions) among all stakeholders, especially between the school and the home fronts. With the prevalent of AI-generated alternatives, we as adults cannot afford to be swayed by the manipulations of facts that are targeted at the younger generation as it is currently being espoused on digital spaces. We must choose to work together and share our concerns in an atmosphere of mutual respect and partnership. Invariably, our ultimate goal is mutually motivating because it is the wellbeing of the younger generations: your children, who are our own students. Therefore, it is about the future of these children who need to be intentionally guided to be committed to their studies, be digitally competent, diligently use their time and be discerning on digital spaces. The current and future happiness of many individuals, households and families may depend on these realities.

Meanwhile, let us work, advocate and pray for a safer world and digital spaces with resilient infrastructure that promotes healthy content for all, especially the younger ones. Also, I invite all lovers of balanced training and "good success" to partner with us in this regard. My point is that we have the duties of training the younger ones to avoid distractions by maintaining moral boundaries. Thereby, we shall bolster our collective drive towards the good successes that we desire for them. As an example, during a recent Study Visit to Pan Atlantic University, Lagos with our High School students, the University's Admission Officer pleasantly realized that all our outgoing Year 12 students scored above their cut-off marks in the 2025 Joint Admission and Matriculation Board (JAMB) examinations, met PAU's requirements and qualified for automatic admissions.

Therefore, I appeal that we all use the new 2025-2026 session to collaborate better and sustain the combined trajectory of training the younger generations: **for academics and virtues; for learning and character; for life's duties and, for God Almighty**. Thus, we shall all become happy parents/educators with many other **first class offspring** that will make us proud at schools, homes, work places and everywhere else globally, and ultimately, in the immediate future and eternity. For practicality of the above, I propose that:

- All educators and staff should display academic and moral competence by being friendly, fair and where necessary, firm in their dealing with students as well as in applying School rules.
- Parents should familiarize themselves with our School's rules of conducts, including digital policies, encourage their children to abide by these rules and monitor their online activities.
- All parties should be positive and share regular feedback with mutual respect and hopefulness; realizing that child training is a journey: a rewardable journey. Not a one-off action.

Please join us on the TLS' voyage and unique trajectory into a God-ordained predictable future for our "abiding" children and students who are destined to change their world. Thank you.

-Samuel Adeniyi Abogunloko, PhD.



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FROM THE EDITOR'S DESK

Dear Students, Parents, and Staff,

It is with great pleasure that I welcome you to another edition of The Fountain. 'Memorable...' is an understatement when describing what this edition is like, as it is filled with a wealth of informative, educative and entertaining content that will without a doubt, put a smile on your face. As we reflect upon the completion of another academic year, we express our gratitude to God for the myriad cherished moments and valuable experiences that have enriched and impacted our students' learning. They have actively participated in numerous initiatives that have enhanced their knowledge and equipped them with essential skills, to thrive as global citizens through collaborative engagement with peers from various regions.

The year commenced with our Founder's Day, where our students presented the history of The Livingsprings Schools, effectively communicating the foundational vision, mission and core values of our institution. This was followed by our Christmas concert, themed The Caring Saviour, which served to remind all attendees of the significance of the season—the birth of our Lord and Saviour, Jesus Christ.

Afterwards, we conducted the Easter concert, during which participants reflected on the profound significance of the death and resurrection of our Lord. The academic year concluded with an impactful Valedictory service and End-of-the-Year program, during which we honoured our graduates from Reception, Grade 6, and Year 12 for their achievements as they prepare to embark on new endeavours in their academic pathways.

Throughout this academic year, our preschool pupils engaged in diverse formative experiences. To enrich their educational journey, an enlightening experience known as the Safari of Knowledge, where they explored the wonders of the wild while donning impressive animal costumes was held. Following this, another thrilling event, titled Echoes of the Past, provided an opportunity for our young minds to connect with history, as they with their parents and grandparents reminisced about the cultural heritage and experiences of earlier generations.

Furthermore, learning has never been better, as we celebrated the accomplishments of our students during various inter and intra-school competitions, in which they excelled in events such as the Spelling Bee Competition, Writer of the Month, Memory Verse Competition, the Book Day Celebration, excursions/outdoor learning, the learning experiences are endless. These are some of the events that have formed the fundamental part of our students' growth process throughout this year and are worth sharing.

We extend our sincere gratitude to all parents, staff, and students for your priceless contributions to the success of this academic year. As you digest the sights on the pages of this edition, we invite you to engage with the creativity, themes, and ideas presented by our students, which reflect their dedication and talent. Welcome aboard!

Warm wishes,

Adeleye Folashade
Editor



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About Us

The Livingsprings Schools is a school with a vision inspired by the Almighty God and we have seen Him at work with us all the way to where we are today. Surely, great is His faithfulness!

We are poised to make a difference in the global education landscape because we strongly believe that our territorial influence will extend beyond our immediate environment in Nigeria. We prioritised operating from a purpose-built school building right from the first day of operation, a must and not a choice. Our building has been designed, constructed and fitted with excellent finishes and facilities to make the world of learning inspiring and exciting for our learners.

In our quest to be best in class by global academic standards, we have chosen a selected team of excellent educators and support staff to make The Livingsprings Schools the dream school and a delight to all our stakeholders. We run a structured Christian education curriculum, as designed by the US-based Association of Christian Schools International, blended with British and Nigerian curricula. We are confident that this approach will better equip our learners for the future than their counterparts in regular schools. Indeed, we are optimistic that combination of Christian education with the best academic training will make our graduates emerge as value-driven visionary leaders who will change their world.







Welcome to
our world of

PRE-SCHOOL



CRECHE



CRECHE



CHIIBUEZE OKONKWO



JASMINE OKAFOR



SOMTOCHUKWU AMADI



KHALIA ODERINDE



MOTIROLA AKANDE



PLAYGROUP *Peace*



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**LASEBIKAN
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VANESSA MICHAEL



**CHUKWUEMEKA
OPARA**



**KAMSIYCHUKWU
SENDANG**



Welcome to Our Grade School





GRADE 1
Alpha



**MRS GINIKA G.
ANENE**



**MS. REBECCA
ROBERT**

GRADE 1
Alpha



DANIEL POPOOLA



MAXWELL UBONABASI



**KAMSIYPOCHUKWU
BLESSED-UBAKA**



DOMINION AKANBI



**CHRISTABEL
UDECHUKWU**



RUTH ISEMEDE



ANABEL UDECHUKWU



AMYSOMI BAKER



ADAEZE ABUNYIE

GRADE 1
Alpha



FAVOUR ALABI



**NEWSONG
MATTHEW-OLUSOJI**



SERENA ADELEYE



**ANUOLUWAPO
LASEBIKAN**



**OLUWAGBENGA
ODUMOSU**



**OLUWATIRESIMI
OLAWALE**



TEMILOLUWA GABRIEL



GRADE 2



MR JAMES ENI



**MS. EMELDA
KALAGBOR**



MS. JOY NWAKUDU

GRADE 2



BLOSSOM IFEANYI



**CHRISTABEL
UBONABASI**



EUNICE USMAN



GOSPEL ANTHONY



GREAT CHUKWUDI



HEZRON ADELEYE



HONEY ADEOYE



STEPHEN AKUKA



TOLUWALASE OLALERE



TOLUWANIMI OLALERE



**UCHECHUKWU
OKWONNA**



**ZINACHIDIMMA
UCHE-EMEH**



CHIOMA AZUBOGU



CLAIRE AGBALA



ZOE OTONYE



GRADE 3



**MISS STEPHIE
ODUM**



**MRS JANE
IHEANACHO**

GRADE 3
Joy



ALIA DEKAWEI



CHLOE DEKERA



**DANIEL
DANIEL-BASSEY**



DAVID POPOOLA



DIVINE MATTHEW-YISA



**IMOH-ABASI
INYENEOBONG-PETER**



**KOSISOCHUKWU
ANIEMEKE**



MICHAEL DAVID



PRAISE CHIMKA



OLUWASEUN ALABI



SUANU GBARANWI



MICHAEL EDOJA



CHIOMA UDECHUKWU



SHANIA IBINOLA





GRADE 4
Square



MR INNOCENT PADONU

GRADE 4
Square



ABIODUN DAVID



ADEOYE HERITAGE



MATTHEW-YISA JOY



AGBALA JEREMY



AKANBI BEST



ANENE CHIBUDOM



GRADE 5
Star



MR. EBENEZER UGOH

GRADE 5
Star



CHIZARAM AZUBOGU



TOSIN AKINBI



TENIOLA ODUMOSU



OLUWADARASIMI
THOMAS



OLIVIA UBONABASI



MOYINOLUWA LOT



MELODY GODWIN



MAXWELL DAVID



DESTINY ABHULIMEN



DOMINION DEKAWEI



EMMANUEL
UDECHUKWU



FELIX OBISIKE-DIKE



DAVID OKE



DANIEL OKE



GRADE 6



MRS. MARY IDIODEMISE

GRADE 6



PAULA JOHNBULL



**SIFONITO-ABASI
DANIEL-BASSEY**



PRAISE GODWIN

THE AMAZING WORLD OF ANIMALS!



Animals come in different shapes and sizes and live all around the world. There are mammals like lions; birds like parrots and eagles; reptiles like snakes and lizards; and amphibians like frogs and toads. We also have fish swimming in the water and insects buzzing all around us. Each group is special and important to nature.

Fun Fact: The blue whale is the largest animal on Earth—and it's a mammal!

Joy Matthew-Yisa - Grade 4



Colour Poem - White

White is pure, white is heavenly,
The colour of clouds, so serene.
White is the colour of the moon so bright,
A beacon in the night.

White is the colour of the board, so blank,
Inviting creativity to rank.
I wonder how it's so perfect and bright,
What a calming sight!

White is calm, it soothes the soul,
Making my heart tender, making me whole.
In its brightness, no chaos is found,
A peaceful haven, all around.

What a wonderful place the world would be
If everywhere was only white and serene.
Why is white so special? I'll never know,
A mystery that only time will show.

Best Akanbi, Grade 4



MY FAVOURITE SCHOOL EVENT

My favourite school event is the International Day celebration, a yearly event at The Livingsprings Schools. The day begins with a morning parade, followed by class presentations representing different countries. Guests watch the presentations, and then students are allowed to visit other classes to enjoy the various displays and delicacies. Hmmmmmm..... my favourite part, so yummie..... I love International Day because it offers a unique opportunity to learn about countries across the continents - their cultures, traditions, attire, cuisine, languages, and beliefs.

It's an event I eagerly anticipate every year and will truly miss when I graduate!

Chibudom Anene - Grade 4

PHOBIA

Phobia is an intense fear or irritation caused by an object, situation, or activity that poses little or no actual danger.

Examples of Common Phobias:

1. Arachnophobia – Fear of spiders
2. Acrophobia – Fear of heights
3. Claustrophobia – Fear of confined spaces
4. Aerophobia – Fear of flying
5. Ophiophobia – Fear of snakes
6. Cynophobia – Fear of dogs
7. Trypanophobia – Fear of needles or injections
8. Hydophobia – Fear of water
9. Social Phobia – Also known as social anxiety disorder.

Teniola Odumosu - Grade 5



Black History Month Quotes

1 "The triumph can't be had without the struggle." — **Wilma Rudolph**

2 "What this country needs is more unemployed politicians." — **Angela Davis**

3 "For every little child, no matter where you're from, your dreams are valid." — **Lupita Nyong'o**

4 "In diversity, there is beauty and there is strength." — **Maya Angelou**

5 "Beauty is not just a white girl. It is so many flavours and shades." — **Queen Latifah**

Moyinoluwa Lot - Grade 5

The Naughtiest Horse at Sports Day

Once upon a time, there was a girl named Mira. She had a horse called Dave. Dave loved to eat a lot of food, but Mira was practicing hard to win on Sports Day. Her plan was to defeat her sister's horse—Indigo House.

She needed to train with her horse, but Dave was both naughty and lazy.

Meanwhile, her sister's horse was calm and obedient. However, Mira was determined to win, so she continued to practice tirelessly with Dave, despite his naughtiness.

On Sports Day, Dave entered into the race with Mira. During the race, Dave fell far behind and was about to lose. Suddenly, Dave spotted some food across the finish line. He began to race faster than all the other horses and, to everyone's surprise, Dave eventually won the race.

Chizaram Azubogu - Grade 5

Jokes

Why did the student eat his homework?

Ans: The teacher said it was a piece of cake.
Why was the math book so sad?

Ans: It had too many problems.

What did one wall say to the other wall?

Ans: Meet you in the corner.

Why did the student bring a ladder to school?

Ans: He was going to high school.

What's a teacher's favourite nation?

Ans: Explanation.

Daniel Oke - Grade 5

MY JOURNEY TO AGE 9

When I was 1, it was the beginning of a big journey. My mother played with me every day, and we lived in a small house. My father always went to work.

When I turned 2, I started learning how to walk and run around. I learned to eat by myself, but I made a big mess.

At age 3, my father got a great job, and my mother started a shop.

At age 4, my father bought a hotel and named it De-Mikados Hotel.

When I turned 5, we celebrated the grand opening of the hotel, and my mother gave birth to my little sister.

When I turned 6, my sister was 2 months old. I played with her a lot, but my mother paid more attention to her, which made me feel a bit sad sometimes.

When I turned 7, my baby brother was born, and my little sister was 3 years old.

At age 8, I was already in Grade 4. My sister was 6 years old, and my brother was 4.

Now, I'm 9 years old and in Grade 5! I feel very fortunate because my parents are the chiefs of Elemoro Land. My sister is now 7, and my brother is 6.

Olivia Ubonabasi - Grade 5



THE CAT AND THE RAT

A cat and a rat were sitting on a mat.
The cat yelled "Cat!"—calling his friend.
The mouse went "Ahh!"—scared of the den.

The cat went, "Mmm..."—looking there.
The mouse ran away
As the cat saw him scurry astray.

The cat ran after the rat,
Calling it out,
Chasing it fast,
And catching it at last.
Then the cat gobbled...
But the rat was too fat.
The cat choked—
And that was that.

Dominion Dekawei - Grade 5

THE TREE THAT MOVED

In a small village, there was a tree in the middle of the town. It looked like a normal tree—until one day, it began to move, taking small steps each day.

People were confused, because trees weren't supposed to move.

A brave girl named Liana decided to follow the tree. It led her through many forests, across rivers, and over hills. Along the way, Liana learned to solve problems with courage and met new people. She saw places she could never have imagined.

One day, the tree stopped. But Liana didn't. She had learned so much that she kept going on her own.

Moral Lesson: Change is normal, even when it looks and feels strange.

David Oke - Grade 5



MY TLS JOURNEY

Oh, great TLS!
A loving school,
I made lots of friends
With nice teachers too.
Can't believe I'll be saying
goodbye soon
To this loving school.
Oh, great TLS!
How much I love you.
All I struggled to learn
Was made so easy to know.
This joy you've brought me
I won't forget in a hurry.

Praise Godwin – Grade 6

MY VOYAGE THROUGH TLS

My journey started in Grade 1, where I met many wonderful teachers. In Grade 2, I made lots of friends and learned so much. In Grade 3, I improved in my subjects, thanks to the support of my amazing teachers. In Grade 4, I learnt to write with a pen. By Grade 5, I was being prepared for various competitions and examinations.

Now in Grade 6, I'm getting ready for my high school entrance exams. I'm really enjoying the experience, all thanks to my amazing teachers.

A big thank you to all the teachers who have taught me!

Thank you, TLS!

**Sifonito-Abasi Daniel Bassey –
Grade 6**

My Experience at The Livingsprings Schools

My experience at The Livingsprings Schools began when I joined the school in Grade 5. It was a wonderful time with my new classmates and class teacher. Mrs. Matthew Olusoji, who taught Numeracy, and was also my class teacher. She was very kind to me and to the other pupils in the class.

I moved on to Grade 6 and met another wonderful class teacher, Mrs. Idiodemise. She is beautiful, kind, and teaches Literacy. I really appreciate all the teaching methods and the biblical integration in our lessons. These have helped me grow personally and academically.
God bless TLS!

Paula Johnbull – Grade 6



Welcome to
**The Livingsprings
High School**





YEAR 7



MISS ADEYEMO GLORY

YEAR 7



BERNATH ASHER



CHIMKA KINGSLEY



**BENJAMIN-ANIEFIOK
LINCOLN**



**OLORUNTOBA
OSMONDROY**



OKPO CONRAD



DEKERA CALEB



OKPO CHRISTOPHER



NDINKORA DANIELLA



INEDU COVENANT



AISUENI HADRIEL



DANIEL NDINKORA



YEAR 8



MR. AYODELE JOHN

YEAR 8



AKINBI OGOOLUWA



ADEOYE FUNSHO



ADEBAYO DIEKOLOREOLUWA



OLALERE DAMILOLA E.



IKHUENBOR ESOHE



**BENJAMIN-ANIEFIOK
MICHELLE**



**MATTHEW-OLUSOJI
HOSANNA**



OZURUMBA ETHEL



**ONADIPE TOLUWALASE
QUEEN**

YEAR
8



OSIYEMI AYOMIPOS



ABIDAKUN FUNMILAYO



**IBINOLA MODESINUOLA
ARIELLA**



IKHUENBOR ESEOSA



OSAFIELE DAVID



YEAR 9



MR. AKHIMIEN GODSPOWER. E

YEAR 9



**OLAJIDE-ADETOLU
ADEDYOIN**



OKONTA JAYDEN



**IBIWOYE-ObA
MOTUNRAYO**



CHIDI THANKGOD



CHIMKA VICTOR



**DANIEL-BASSEY
INEM ABASI**



OLORUNTOBA JEFFREY



BELLO FAYOKEMI



AYANWALE OREOLUWA



YEAR
9



**AYANWALE
OLUWAFERANMI**



APERE MERCY



**ADEBAYO
OGEOLUWANIADEMI**



YEAR 10



MR. OYEKANMI OLAYINKA



MRS. AGANNA ESTHER

**YEAR
10**



OKONTA JACQUELIN



LOT IBUKUNOLUWA



ABIDAKUN SHINE



OKPO XAVIER



OSIYEMI OLAMIPOSI



OZURUMBA EMMANUEL



YEAR 11



MRS RITA OKAFOR

**YEAR
11**



OMOTOSHO KINFEOSIOLUWA



**OLUWADEMILADEAYO
OLALERE**



EMMANUEL EPAPALA



MOFEOLUWA LOT



JOY ABORISADE



IVANA OMUEDERIAYE



YEAR 12



**MATTHEW-YISA
TOLULOPE G**

**YEAR
12**



OSIYEMI OPEMIPOSI



OKONTA JASMINE



OBISIKE-DIKE HORACE



ADELEYE OLUWANIFISE

HIGH SCHOOL ACTIVITIES



School Facilities



RECEPTION



HALLWAY



SPORTS ARENA





The End of Summer, The Beginning of Autumn

The scent of fully bloomed flowers in the air,
The sight of ice-cream everywhere,
With beaches filled with laughter and cheer;
But then I sense something,
The warm heat slowly fading into a comforting chill,
And I know the season will soon be over;
Because Autumn is here.

Ogeoluwanidemi Adebayo – Year 9



Jokes to Lighten Your Day

1. Why should you never play poker at the zoo?

Ans: Too many cheetahs

2. Why are horses so sleepy?

Ans: They're always hitting the hay.

3. What insect is the sneakiest?

Ans: Spiders.

4. How do you stay warm in any room?

Ans: Go to the corner — it's always 90 degrees.

5. What is it called, when French fries hang out?

Ans: A ketchup.

6. What is black and white and black and white and black and white?

Ans: A Newcastle United fan rolling down a hill!

Jeffrey Oloruntoba - Year 9

Is Scolding Really the Answer?

In many African homes, when a child returns from school with poor exam results, parents often feel disappointed—especially after working hard to support their child's education. This disappointment frequently turns into punishment, not just verbal scolding, but physical discipline using any object at hand. The belief is that physical punishment teaches the child a lesson and ensures they do not repeat the mistake. However, this approach overlooks the fact that mistakes are a natural part of learning and growing. In extreme cases, the effects of such punishment can be severe, leading to trauma, behavioural changes, and even lasting physical or emotional harm.

Scolding involves reprimanding someone in a loud or angry manner. Yet, in many households, it goes beyond words and becomes physical, often through flogging or beating. While it might seem effective in the short term—instilling fear and temporary obedience—it can severely damage the child's emotional well-being. Fear-based discipline creates a home environment where children feel unsafe and unable to express

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themselves freely. This slowly erodes the parent-child relationship, replacing trust and communication with silence and distance.

Instead of physical scolding, parents can choose healthier and more constructive methods of discipline. Understanding the root cause of a child's behaviour and responding with calm, clear communication can be far more effective. Strategies such as setting boundaries, using time-outs, removing privileges, and rewarding positive behaviour can teach children accountability without fear. When parents discipline with love and consistency, children are more likely to grow into respectful and emotionally balanced individuals.

While it may seem to correct behaviour, it often causes deeper emotional wounds and breaks the bond between parents and children. By choosing supportive and respectful discipline methods, parents can raise children who learn from their mistakes and grow into confident, responsible adults.

Okonta Jacquelin and Abidakun Shine – Year 10

Procrastination: The Thief of Time

Charles Dickens once said: "Procrastination is the thief of time, collar him".

Procrastination is like a cunning thief, quietly stealing away the most valuable resource we all possess- 'Time'. It creeps into our lives disguised as innocent distractions or fleeting comforts, but before we know it, we're left with a pile of unfinished work accompanied with little to no time and nagging regrets of wasted opportunities

Laziness causes procrastination. I could share an experience of the impact of procrastination in my life while in the Junior School. My life was filled with unfinished tasks and a whole lot of work simultaneously because of the little amount of time of the 'tomorrow' I trusted, why? - Procrastination. Long and short of it all, in the end, I had a bad result.

Imagine a student postponing reading for an exam until the night before. What is the result? Stress and forceful cramming which may even have the student forgetting what he/she read and lower grades than expected. The popular procrastinatory phrase for students is "I'll do it tomorrow" or "I'll do it some other time" and that ends us all in regret. "Time is Money," said Benjamin Franklin. In the end, time is a gift- precious and fleeting. Let us not let procrastination rob us of our time. Every minute counts in its own unique way and the thief of time does not deserve a second more.

It is very important to know that overcoming procrastination's grip is a journey, not a quick fix. It requires self-discipline and commitment to change.

Okpo Xavier - Year 10



Mental Health Disorders in Teenagers

Have you ever felt worthless or overwhelmed—like your mind is disorganized and your emotions out of control? You're alive, but inside, you feel empty. Trapped in your thoughts, with fear, pain, or confusion taking over. This is the reality many teenagers silently live through every day.

A mental health disorder is a condition that disrupts a person's thoughts, emotions, or behaviour. It can make everyday activities difficult and affect relationships, school, and overall well-being.

According to research, about 1 in 5 teenagers aged 12–18 suffers from a mental health disorder. Around 15% of all mental health diagnoses today are in teenagers, with anxiety disorders being the most common.

Why Are Teens Affected?

Teenagers face a lot of pressure—from academics and exams to social expectations and personal changes. Managing schoolwork, extracurricular activities, and social life can be overwhelming, often triggering mental health issues like anxiety and depression.

Second to anxiety is **depression**, which affects about **1.4% of 10–14-year-olds** and **3.5% of 15–19-year-olds**. Depression is often linked to anxiety, as both can originate from similar areas in the brain—especially the **amygdala**, which controls emotional responses.

The Danger of Silence

When mental health disorders go unnoticed or untreated, the result can be **self-harm or suicide**. The **World Health Organization (WHO)** reports that suicide is the **third leading cause of death** among teens and young adults aged 15–29.



A Message of Hope

Mental health challenges are not a sign of weakness. They are real, common, and treatable. As author **Matt Haig** wisely said:

"Mental health problems do not define who you are. They are something you experience. You walk in the rain and feel the rain, but you are not the rain."

Being there for someone struggling can make all the difference—not just for them, but for our entire community. Helping others also strengthens our character and reflects our faith. As Jesus said in **Matthew 25:40**: *"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."*

Let's speak up, support one another, and make mental health a priority. Together, we can build a healthier, more understanding school environment—where no one feels alone.

Lot Ibukunoluwa – Year 10



The Devastating LA Wildfires of 2025

In January 2025, a series of ferocious wildfires ravaged Southern California, leaving a trail of destruction across Los Angeles County and beyond. Fueled by a brutal mix of extreme drought, low humidity, and hurricane-force Santa Ana winds, the fires became an unprecedented disaster, impacting both the landscape and the lives of thousands.



How the Inferno Unfolded

The flames ignited on January 7, 2025, starting with the Eaton Fire in Altadena and the Palisades Fire in Pacific Palisades, both of which would go on to cause the most widespread devastation. Whipped by winds gusting up to 100 mph, these fires spread with terrifying speed, scorching over 57,000 acres across Los Angeles, Orange, Riverside, San Bernardino, San Diego, and Ventura counties. In the chaos that followed for two weeks, at least 30 lives were tragically lost from the raging inferno, more than 200,000 people were forced to evacuate, and over 18,000 buildings were either destroyed or severely damaged.

Economic and Environmental Fallout

The financial damage was staggering. Insured losses from the fires surpassed a historic \$40 billion, making this the most expensive natural disaster in U.S. history. Beyond the immediate destruction, the fires wreaked havoc on air quality, with levels of hazardous particulate matter (PM2.5) soaring to dangerous heights. This prompted urgent health warnings, leaving residents grappling with the toxic fallout.

Looking Ahead: Resilience in the Face of Tragedy

As Los Angeles rises from the ashes, the unwavering resilience of its residents stands as a testament to the power of community and solidarity. The loss of homes, especially among older residents and beloved public figures, is an additional heartbreak. This disaster serves as a grim reminder of nature's destructive power but also highlights the strength and unity of the city in the face of such overwhelming adversity.

Omotosho Kinfeosioluwa - Year 11





Hello! We're Mofe and Joy, and we're here to share some insight on **Black History Month**—a special time in February dedicated to celebrating Black heritage, history, and achievements. It's a moment to honour how Black people have overcome oppression and fought for their rights throughout history.

Some notable figures include:

- Martin Luther King Jr., a leading voice in the civil rights movement.
- Rosa Parks, known as "the mother of the civil rights movement," who refused to give up her seat to a white man in 1955, sparking nationwide protest.
- Carter G. Woodson, often called the "Father of Black History," founded the Association for the Study of African American Life and History (ASALH) and launched Negro History Week in 1926, which later became Black History Month.

How Did Black History Month Begin?

Black History Month began as **Negro History Week** in February 1926, created by Carter G. Woodson. His goal was to promote the study and recognition of African American contributions to history and society.

The celebration encouraged people of all backgrounds to learn about the Black experience.

Why February?

Woodson chose February to align with the birthdays of Abraham Lincoln and Frederick Douglass, two figures who played crucial roles in the fight against slavery. These dates were already being celebrated in many Black communities.

Over time, Black History Month expanded beyond schools and gained recognition in cultural institutions like theatres, libraries, and museums. Each year, ASALH selects a theme—such as 2022's "Black Health and Wellness"—highlighting different aspects of Black life and achievements.

Black History Month is more than just a commemoration—it's a celebration of identity, resilience, and progress. It educates and unites people of all backgrounds, reminding us that **no matter our colour—Black, white, or yellow—we all matter.**

Thank you!

Brought to you by Mofeoluwa Lot and Aborisade Joy Studios – Year 11

In recent years, something powerful has happened; students, teachers, celebrities, and even world leaders have begun to say what we all needed to hear: *"It's okay not to be okay."* Let's be real! Being a student today isn't easy. Between academic pressure, social media, family expectations, and figuring out who we are, life can feel like a rollercoaster. And sometimes, that rollercoaster doesn't have a seatbelt.

Schools are starting to prioritize emotional learning, wellness workshops, and mental health days. And slowly, the world is realizing that *brains need care, just like bodies do*.

So, here's to the classmates who check in on others.

To the teachers who ask how we're doing.

To the counselors who listen without judgment.

This year, we didn't just study.

By: Oluwademiladeayo Olalere
Year 11

A person is walking away from the viewer on a dirt path that stretches towards a bright sunset. The sun is low on the horizon, creating a strong glow and reflecting on the calm water of a lake that occupies the foreground. The path is flanked by green hills and vegetation. The overall mood is peaceful and hopeful.

The Journey of a Thousand Memories

The journey of a thousand miles begins with a single step. My time at The Living Springs Schools has been full of laughter, challenges, and unforgettable memories. From Grade 2, where my journey of growth and discovery began.

Life and learning at the elementary school was a bit challenging as a result of having to change schools. However, with God on my side, I was able to settle into a new environment. My teachers were quite supportive, especially my Headteacher, who I fondly called "Ogbeni Osundairo", a tall disciplinarian, who shaped my early life and taught me a lot about academic and behavioural discipline.

Entering high school, I was a little fish in a much bigger pond. The introduction of Physics, Chemistry, and Biology was overwhelming at first, but I adjusted. By Year 10, I had become more focused, choosing the science subjects and tackling even the much dreaded Further Mathematics. In Year 12, I became the Sports Prefect — a role I never expected but was proud to hold and it came with its leadership challenges.

I'm deeply grateful for everything I've experienced here. First, to God for the gift of life, and to the Chaplain and Mrs. Obayomi, whose support means the world to me. To my teachers, thank you for the lessons, both academic and life-changing. To my classmates, while I will forever cherish the memories we shared here, I believe that we will always be together each time these shared moments come to us vividly, no matter how far apart we are, and to my loving parents, thank you for choosing a school that has shaped me into who I am today.

Finally, a big thank you to The Living Springs Schools for being the foundation of my life's journey.

Oluwanifise Adeleye – Year 12



Reflections On My High School Journey

As I reflect on the years spent in The Livingsprings High School, I am filled with a mix of emotions. I am super proud of my growth and exposure, yet sad that our journey together at this school is coming to an end.

First and foremost, I would like to express my gratitude to our Executive director, administrators, dedicated teachers and non-academic staff. Your unwavering support, guidance, and encouragement have shaped us into the individuals we are today.

To our parents, thank you for your sacrifices and unconditional love. Your constant support has been our backbone, and we owe you a great debt of gratitude, and we hope to make you proud as we step into the next stage of our lives.

To my fellow classmates, it has been a privilege to share these years with you. We have created memories that will last a lifetime, from our shared laughter in the hallways and

during lunch breaks to the challenges we faced together, surmounting homework, practical and presentations. We learned, we grew, and we supported one another through thick and thin. Each one of you has played a role in making our school experience unforgettable, and I cherish each moment we shared.

As we prepare to embark on our separate paths, let us carry the lessons we have learned here. The Christian values we have attained, the sound scriptural knowledge we learned, the friendships we have formed, the challenges we have overcome, and the dreams we have aspired to guide us into the future.

In closing, let us not say goodbye, but rather see you later. We are not just graduates of TLHS; we are its alumni, and we will carry its spirit wherever we go. Let your light shine!

**Horace Obisike-Dike –
Year 12**

A Heartfelt Farewell to The Livingsprings High School

As I sit here reflecting on my years at TLS, I can't help but feel an overwhelming sense of gratitude. From the first day of Year 10, walking nervously through the gates, to now, standing at the edge of graduation, I have seen myself and my classmates evolve in ways we never could have imagined. We came here as individuals, but we leave as a community.

To the teachers, thank you for not only imparting knowledge but for the unwavering support and guidance you provided. You saw potential in us, even when we doubted ourselves, and you helped shape us into who we are today. Whether it was through a

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challenging lesson, a word of encouragement, or a simple smile, your impact will stay with us forever.

To my friends, thank you for making the journey worth it. We've laughed, struggled, and celebrated together. It's these friendships that will define our time here at TLS. The inside jokes, the late-night study sessions, our unspoken rivalry, the unforgettable moments in between classes we will carry with us, long after we've left these walls.

To the visionaries, management, teaching and non-teaching staff, thank you for creating a space where we could grow, express ourselves, and take on new challenges. Your dedication to making this school a safe and inspiring environment has made all the difference..

As we take our next steps into the future, we will remember the lessons we've learned here—not just in the classroom, but in life. We've learned about the love of God, resilience, friendship, responsibility, and the importance of always striving to be our best. We leave here ready for the next chapter, but we will always carry a piece of this place with us in our hearts!

Opemiposi Osiyemi – Year 12



On my first day of high school, I felt like a tiny boat tossed on a vast ocean. The hallways looked like they went on for miles and miles and I, an introverted freshman felt lost in this maze. The only thing I found comforting was the familiar feeling of clinging to my books, but this vast ocean had only begun shifting.

Looking back, I see how much I've grown, not just academically, but also personally. I was an uncertain individual, still trying to discover myself and hesitant to step out of my

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comfort zone. However, as time went on, I began to embrace new experiences, overcome difficulties and learn from my mistakes.

Academically, I faced subjects that pushed me outside my comfort zone like Biology, which I wasn't really good at in the beginning, yet slowly made progress. Truly, the subject that was particularly difficult had to be English, especially the writing aspect yet, here I am in my last year of high school writing this article about myself.

Ultimately, let's not forget about the personal growth that comes with the high school experience, which for me is confidence---specifically public speaking! At the beginning of high school, I had (still have) glossophobia- also known as speech anxiety- which is a fear of public speaking. I disliked projects that involved public presentations.

By senior year, that little boat in the beginning had become a ship which only swayed in that vast ocean. High school wasn't just about the grades; it also taught me the value of self- awareness and the importance of relationships. As I prepare to graduate, I feel a sense of pride in the person I have become, ready to embrace the future with confidence and a deep appreciation for the lessons I learned!

Jasmine Okonta – Year 12





SAFARI OF KNOWLEDGE



HIGH SCHOOL CHEMISTRY EXCURSION

On November 7, 2024, Livingsprings High School students visited Flourish Cool Water Company. The management team, including Mr. Pascal (Quality Control Manager) and Miss Victoria (CEO) warmly welcomed them.

The students learned about the industrial chemical processes involved in producing Flourish Cool Water. They observed the bottling section, where water is extracted from an underground borehole and treated through various stages, including sand bed filtration, activated carbon filtration, fiber filtration, reverse osmosis, ultraviolet sterilization, and ozone generation.

The students also witnessed the Monoblock bottling line, where bottles are manufactured, washed, filled, and labelled. They underwent microfiltration and quality control checks before packaging.

The trip was educational, providing valuable insights into industrial water production processes. The students demonstrated their understanding of concepts like water purification and sterility. The accompanying teacher, Mr. John requested an opportunity for students to intern, which the management agreed to, inviting the school to return as a group. The students expressed gratitude for the experience and look forward to future excursions.



ECHOES OF THE PAST



CHRISTMAS CONCERT



MEET OUR 2024/2025 WINNERS!

Students from Senior High and Junior High excelled in Mathematics, Essay, and Artwork competitions. Proud of our young achievers!



HIGH SCHOOL MATHEMATICS COMPETITION WINNERS JUNIOR CATEGORY



HIGH SCHOOL - ESSAY WRITING COMPETITION WINNERS



HIGH SCHOOL ARTWORK WINNERS



HIGH SCHOOL MATHEMATICS COMPETITION WINNERS SENIOR CATEGORY



WINNERS, ESSAY WRITING CONTEST



JUNIOR MATHEMATICS WINNERS



WINNERS, ENGLISH ESSAY COMPETITION AND THEIR COORDINATORS

LIVINGSPRINGS HIGH SCHOOL LAUNCHES YOUNG FARMERS' INITIATIVE

The Livingsprings High School has recently introduced the Young Farmers' Club as a new extracurricular activity. This initiative aims to foster students' interest in animal husbandry and farming operations, providing them with hands-on experience and insights to develop their skills and knowledge in agriculture.



ACADEMIC EXCURSION AND UNIVERSITY TOUR TO PAN ATLANTIC UNIVERSITY

Year 9 to 12 students had the opportunity of exploring the university environment at PAU on Tuesday, the 17th of June, 2025 where they met with faculty members, admission officer and lab technicians among others.

Different departments were visited and several questions asked bothering on career opportunities and admission requirements.

It was an amazing experience for all the students





THE LIVING SPRINGS SCHOOLS

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Our Vision:

To be best in class by global academic standards and produce leaders of influence destined to change their world.

Our Mission:

To provide rounded Christian education through internationally recognised curricula designed to enable learners excel and develop their God-given talents in a stimulating learning environment

Our Value Proposition:

- Purpose-built school with first class finishing to stimulate and inspire young learners
- Fully equipped ICT laboratory with internet access
- Integrated curriculum combining American Christian education, British & Nigerian curricula
- Excellent faculty with over 100 years cumulative teaching experience
- Rounded education based on Christian values
- Discovering, nurturing and unleashing talents

☐ Divinely inspired

☐ Visionary

☐ Futuristic

...destined to change our world

